

# Victoria HealthCare Organization

(Therapy, Care, Safety, Equipment,)

## Activity Participation (AP) Group For Children

Age 6 to 10 Boys and Girls

To improve:

Activity participation, Body weight, Coordination, Balance, Confidence, Attention, Gross motor, Postural control, Muscle strength and tone, Social interaction, Flexibility and Relaxation through play and having fun.

**Date:** Thursdays - 6<sup>th</sup> October – 24<sup>rd</sup> November 2016

**Venue:** Abbeystrewry Church Hall Skibbereen

**Time:** 4pm sharp

**Fee:** €100

For further information and registration:

Tel: Sam @ 085 1313 458,

Email: [info@vho.ie](mailto:info@vho.ie)

or visit [www.vho.ie](http://www.vho.ie)

Dr Sam Aba

Chartered Physiotherapist